



# My Morning Routine

## FIRST THINGS FIRST:

The first thing I do when I wake up is go to the kitchen and make breakfast. Everyday I eat eggs and greek yogurt with Special K granola.

## NEXT:

Next I let my brain wake up and I usually catch up on my text messages, emails or social media.

## THEN:

For the next step in my daily routine I wash my face, put on makeup and brush my teeth.

## LASTLY:

The last thing I do is pick out my outfit for the day, fill up my water bottle and out the door I go!